

Registration Instructions: CDP Summer Institute

Tacoma Community College Registration Instructions

If you do not have a Tacoma Community College (TCC) registration form, contact Jan Hansen (see below). A TCC registration form must be received at True North Student Assistance & Treatment Services **prior** to the first class.

Completely fill out the TCC registration form.

- ☐ Be sure to include Student ID (not SSN). This is a number TCC assigns a student when they enroll. If you have **ever** taken a class at TCC, you will have a Student ID Number. If you do not know your student ID number, you can find it at **http://www.tacomacc.edu**. If you have **never** taken a class of any kind at TCC, leave the space blank and you will be assigned a number.
- ☐ Be sure to check the new/returning student box. Returning means returning to TCC, not school in general.
- ☐ Be sure to provide your birth date. TCC needs this information to verify your identity.
- ☐ Sign and date the registration in the space provided.

It is very important that you fill out the registration correctly so credits can be awarded

NOTE: Students must complete and return a Tacoma Community College Registration Form **AND** register with Educational Service District 113 on the web site. Both registrations must be completed prior to attending

and TCC has an accurate record of the classes you have taken.

Educational Service District 113 Registration Instructions

You must also register on-line at:
<http://www.esd113.k12.wa.us>

- ☐ Click on Course Offerings.
- ☐ Create an account: under LOGIN, click on "Click here if you need to create an account." Be sure to make a note of your user name and password on your copy of the registration confirmation. You will need it if you register for any other classes at ESD 113.
- ☐ Click on the Calendar button under Browse & Register
- ☐ Click on the first date the class meets.
- ☐ Click on the class.
- ☐ Click on "register" and proceed.
- ☐ Print out 2 copies of your registration confirmation. Keep one for your records and one to send in with your TCC registration and check (if applicable) to the address listed below.

You will be able to pay with a credit card if you choose. If you pay by check, mail check, ESD113 registration confirmation and TCC Registration form to:

Jan Hansen
Educational Service District 113
601 McPhee Road S.W.
Olympia, Washington 98502

If you used a credit card, you must still send the ESD113 registration confirmation and TCC Registration form to the address above.

If you experience difficulty with ESD113's on-line registration, or have any other questions, we will be happy

Dates:	July 5th through July 28th, 2006 Monday through Friday
Time:	8:00 a.m. to 4:30 p.m. daily
Location:	Educational Service District 113, 601 McPhee Road S.W. Olympia, 98502
Cost:	\$1275.00 payable at registration, (Early Registration: If registration is received prior to June 15th, the cost will be \$1155.00)
Text:	Student Guide for Chemical Dependency Professional Institute. \$55
Credits:	15 credits offered through Tacoma Community College
Class Limit:	30 (early registration is encouraged)



Chemical Dependency Professional Summer Institute 2006

Provided by the collaborative efforts of
Tacoma Community College,
Educational Service District 113,
Educational Service District 112,
Educational Service District 123, and
Puget Sound Educational Service District

Classes begin July 5, 2006

Chemical Dependency Professional Institute Information:

The Summer Institute will take place over a series of 18 days starting July 5 and ending July 28, 2006.

July 2006							
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Classes will start at 8:00 a.m. and conclude at 4:30 p.m. daily.

The Chemical Dependency Professional Summer Institute will be held at Educational Service District 113, 601 McPhee Road S.W. in Olympia.



Lunch will be on your own at nearby eateries or brown bag.

The Summer Institute may also be offered at other ESD locations depending on enrollment and instructor availability.

WELCOME

Welcome to a new and exciting opportunity for personal and professional growth. As a participant in the Chemical Dependency Professional Institute you will find experiences that will challenge your current thinking in the field of addiction counseling as we explore contemporary research related to health, addiction, and the human condition. The institute will meet your professional training needs whether you are a seasoned professional or a new and developing addiction counselor.



PROGRAM OVERVIEW
Chemical Dependency Professional Institute

The Educational Service District 113 Chemical Dependency Professional Institute is pleased to offer a powerful educational program that will provide competency attainment as a new clinician in the field of addiction. The institute is uniquely different from that of other programs offered around the state in that self awareness and personal growth are cornerstones to successful matriculation. The learning experience is intense. It will challenge you intellectually as well as emotionally. We invite you, with your unique background and experiences to integrate the knowledge, skills, and abilities offered through this course into your professional practice.

The summer session is the initial foundation educational component designed to meet transdisciplinary foundations and establish a baseline for the professional practice dimensions for the developing addiction counselor as well as provide enhanced experiences for the proficient addiction counselor’s scope of practice.

Each participant has an opportunity to earn 15 credits for successful completion of the foundation classes offered through this institute. Additionally, continuation classes will be offered throughout the year to provide for the 20 credits required for completion of course work for certification.

The Summer Institute will collaborate with ESD 112, ESD 123, and PSESD to offer credited classes in other areas of the state. This will be accomplished through the use of video conferencing and online course ware. Registration will be through ESD 113 (see back page for registration instructions)

Classes to be Offered
Beginning Fall, 2006:

Motivational Enhancement Therapy: 5 credits

This course will discuss an effective approach in the treatment of challenging clients, and provide students with an opportunity to explore creative ways of integrating these approaches into an effective therapeutic intervention. Motivational Interviewing is a client-centered, evidence-based, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. During this course, participants will learn the fundamentals of Motivational Interviewing, explore ways of integrating Motivational Interviewing theories into other treatment approaches, and practice motivational interviewing through role playing and discussion. This class will be offered as a hybrid.

Motivational Interviewing: Preparing People to Change (Addictive) Behavior: 3 credits

Motivational Interviewing is a technology of treatment developed within the addictions field which is gaining widespread attention because of its applicability to any client who is ambivalent about change. This course will focus on the theoretical framework and the skills that will help students apply the model with a very practical set of interventions. Students will learn to accurately assess the exact nature of the client's motivation for change, how to match the intervention to six stages-of-readiness for change and how to manage the client's ambivalence about change with elegance and prevision. The course is based on the work of psychologists William Miller, Stephen Rollnick, Carlo DiClemente, and James Prochaska. This class will be offered as a hybrid.

Available Soon:

Developmental Psychology: 5 credits

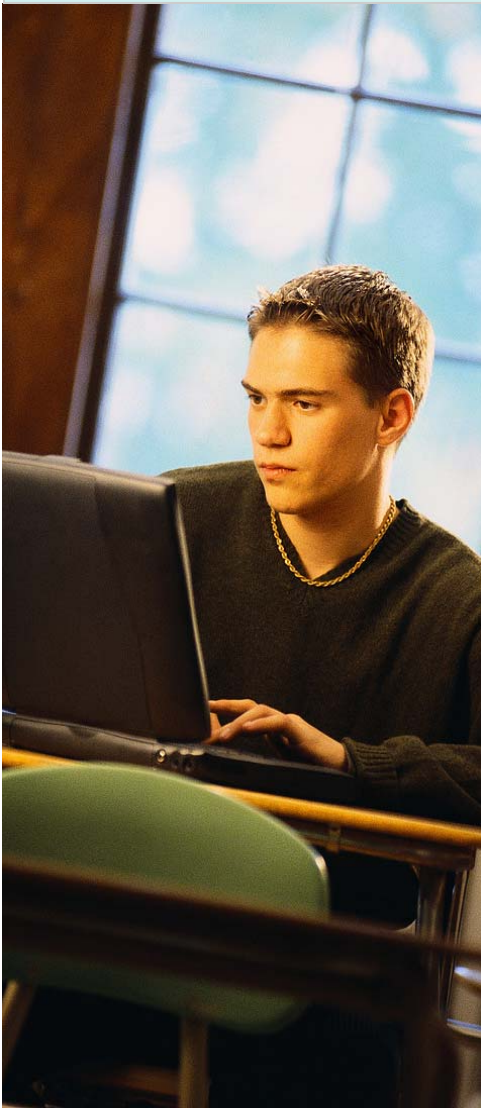
Abnormal Psychology: 5 credits

Cost for Online Classes is \$77 per credit when you register early, and \$85 otherwise.

Cost for Continuing Education Units is \$200 per 5-credit class

What is a Hybrid Class?

Hybrid classes are a combination of online learning and classroom experience. Students will work independently using the ESD113 online courseware designed to provide interactive learning through discussion boards and group chats. Students will be able to ask questions and have discussions with their instructors and fellow learners. Students may also attend class onsite at ESD113 or through telecommunications at sites in other areas of the state, making group work and counseling practice possible.



Continuation Classes: 5 credits each

The Chemical Dependency Professional Institute will be offered in three types of courses: standard classroom-based, online, and hybrid (a combination of classroom-based and online) All courses are designed to help prepare the student to become a certified Chemical Dependency Professional.

FALL 2006—The Science of Substance Abuse HSP240
beginning September, 2006

The basic pharmacology and physiology of alcohol and other psycho-active drugs will be included in this class. An overview of the issues surrounding alcohol and other drugs, including the psycho-social and systemic concerns about alcohol and other drug use, misuse, abuse, and dependency will be presented. The course will also discuss the problems of co-dependence, family dysfunction, and the recovery process.

WINTER 2007—Continuum of Care: Case Management & Record Keeping HSP247
beginning January, 2007

This course includes the process of collecting pertinent data about client or client systems and their environment and appraising the data as a basis for making decisions regarding diagnosis, treatment and/or referral of chemical dependency clients. Instruction on coordinating and prioritizing client treatment goals and working with other services, agencies and resources to achieve those treatment goals is included. This course also includes practice in assessing and managing a case including the development of sample case records and utilizing the written client records to guide and monitor services with emphasis on the development of the social history and intake, initial assessment, individual treatment plans with measurable goals and objectives, documentation of progress and on-going assessment. Confidentiality of client information and records as defined in 42 CFR, Part 2 is addressed.



WINTER 2007—Assessment, Diagnosis, & Treatment Planning HSP248
beginning January, 2007

Students will understand chemical dependency assessment, diagnosis and the relationship to treatment planning. How to use ASAM criteria for diagnosis, placement, discharge and continuing care will also be covered as well as chemical dependency clinical evaluation, screening, intake assessment, treatment planning, clinical reports, clinical progress notes, discharge summaries, and other client related documentation.

SPRING 2007—Professional Ethics and Confidentiality HSP 246
beginning April, 2007

Students will examine the major legal and ethical issues in the chemical dependency field; explore personal issues and values as these relate to the helping profession; develop leadership skills by exploring the styles and functions of leadership; complete an information interview concerning the ethical practices of a human service agency; list, analyze, and evaluate divergent points of view and issues to develop critical thinking; and discuss the major areas of professional development.

Foundation Classes (Summer Session):

Introduction to Chemical Dependency Counseling HSP271

During this course the student will be given an overview of chemical dependency counseling techniques, strategies, and treatment programs as well as a historical background of prevention and treatment services in the state of Washington. An introduction to group membership is provided as a part of the student development group in order to help the student effectively facilitate groups by being a group member. Principles of effective communication will also be presented to give the student tools for effective listening and counseling techniques.

Chemical Dependency Counseling Psychology & Communication HSP272

The student will receive an overview of counseling and be presented with the bio-psycho-social approach to human development. Knowledge of human development in the process of case management relative to stages, needs, and interpersonal functioning of clients will be covered. Basic and advanced chemical dependency counseling skills will be developed through conducting individual counseling sessions and co-facilitating the group sessions. Brief therapy techniques will also be discussed as a part of motivational interviewing.

Treatment Issues in Substance Abuse and Chemical Dependency HSP273

This class provides information concerning a variety of treatment issues including community support, medical complications, emotional, social, and spiritual issues. Additionally, defense mechanisms will be addressed to improve client retention and strategies to deal with resistance, anger, self-esteem, guilt, shame, grief, family dynamics, sexuality, HIV+/AIDS, special populations, victimization, perpetration, addiction, and crisis intervention. This course will provide a framework toward maximizing the student’s effectiveness when encountering treatment issues. The student will be able to incorporate the knowledge of substance abuse and addiction treatment issues into counseling and treatment planning.

Each of the above classes are meant to be taken concurrently. Requests to take an individual class will not be approved.

Summer Session Class Offerings

Week of July 5, 6, 7, 2006	
Wednesday	Welcome & Overview of CDP Program, Overview of Systems of Care & Chemical Dependency Treatment in Washington, History of CD Treatment in Washington, Intro to Group Membership
Thursday	Principles of Effective Communication, Overview of Counseling
Friday	Overview of Human Development, Basic Characteristics & Skills for Chemical Dependency Counseling

Week of July 10, 2006	
Monday	Advanced Characteristics and Skills for Chemical Dependency Counseling,
Tuesday	Individual Counseling, Single and Co-Facilitating Groups
Wednesday	Individual Counseling, Group Dynamics
Thursday	Unstructured Group Techniques, Structured Group Techniques
Friday	Brief Therapy Techniques in Group Counseling, Overview of Treatment and Twelve Step Issues

Week of July 17, 2007	
Monday	Defense Mechanisms & Resistance, Anger
Tuesday	Self-Esteem, Guilt, & Shame; Grief & Loss
Wednesday	Family-of-Origin, Family Dynamics in CD Counseling
Thursday	Victimization & Perpetration; Race, Culture, & Ethnicity
Friday	Sexuality, HIV+ & STDs

Week of July 4, 2006	
Monday	Post-Traumatic Stress Disorder, Personality Traits & Disorders in Substance Abuse and Addiction/Dependence
Tuesday	Dual Diagnosis
Wednesday	Cross-Addiction
Thursday	Crisis Intervention
Friday	Summary, Review, Final Exam



ROB VINCENT



ERIN RIFFE



JOHN THOMPSON



TINA BURRELL

Instructors:

ROB VINCENT has more than 18 years of professional experience in Education and Chemical Dependency fields. As Director of True North—Student Assistance and Treatment Services he has been responsible for developing, administering, and implementing prevention, intervention, and treatment programs for substance abuse within the education setting. He serves as a national trainer, and a Center for Substance Abuse Treatment (CSAT) consultant. Rob received his Bachelor of Science Degree from Southern University of Illinois. He is a Certified Chemical Dependency Professional, Nationally Certified Addictions Counselor, and is a Certified Prevention Professional.

ERIN RIFFE has worked in the Chemical Dependency field since 1998 as a Chemical Dependency Professional providing group, individual and family counseling for prevention, intervention and treatment programs. She serves as a national trainer, and a Center for Substance Abuse Treatment (CSAT) consultant. She is a lead counselor and provides clinical supervision for True North—Student Assistance and Treatment Services. Erin earned her Bachelor of Arts degree from The Evergreen State College and is a certified national trainer. She is also a National Certified Addiction Counselor and a Certified Prevention Professional.

JOHN THOMPSON began working in the field of Chemical Dependency in 1989 and is currently a clinical supervisor and lead counselor for True North – Student Assistance & Treatment Services. He is a nationally certified trainer and a Center for Substance Abuse Treatment (CSAT) consultant. John received a Masters of Arts Degree in Psychology/Counseling from Chapman University and a Bachelor of Arts Degree in Psychology/Mental Health Counseling from Western Washington University. He is a certified Chemical Dependency Professional.

TINA BURRELL has worked in the Chemical Dependency Field since 1999. She has worked as a primary counselor for adolescents in a residential inpatient program, provided outpatient treatment services to incarcerated male offenders, and is presently a lead counselor and clinical supervisor with True North—Student Assistance and Treatment Services. Tina obtained her Masters of Art Degree in Counseling Psychology from St. Martins College and her Bachelor of Arts Degree from The Evergreen State College. She is a certified Chemical Dependency Professional and National Certified Addiction Counselor

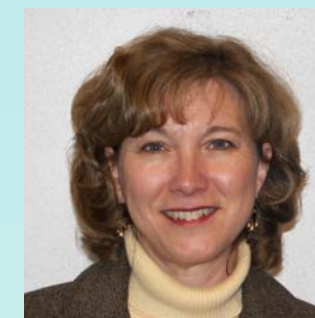
DAWN OKRASINSKI is a certified chemical dependency professional with a Bachelor of Arts in Psychology from St. Martins College. She has been providing prevention, intervention and treatment services to adolescents since 1998. Dawn was a clinical supervisor for Horizon Treatment Services overseeing adult and adolescent outpatient treatment in Pierce County prior to joining True North.

DAVID RIEDESEL is a Chemical Dependency Professional, Registered Mental Health Counselor, and National Certified Addictions Counselor II. He has worked in the field of chemical dependency counseling since 1994 and holds a Master of Arts in Counseling from Southwestern College. In 1990 he obtained a Special Education Teaching credential and worked with behavior disordered adolescents in New Mexico. He has worked in the mental health, counseling, and residential treatment fields since 1981.

JOHN HUGHES has been a social worker for the past 36 years. He has provided mental health and chemical dependency treatment in a variety of settings including hospitals, military bases, school districts and classical treatment centers. John was instrumental in setting up student assistance programs in Oregon and Washington. He helped to develop the first school based drug treatment program. He has extensive experience working with Adult Children of Alcoholics. John has a masters in social Work, School Social Worker Certification, Chemical Dependency Counselor and currently serves on the Washington State Prevention Certification Board.

REGINA HUGHES began working in the Chemical Dependency field in 1986. She provided treatment and case management for families, youth and adult dual diagnosed clients. She coordinated a three year violence prevention program serving 15 school districts. She received her Masters in Social Work from University of Washington. She is a certified School Social Worker and a Certified Chemically Dependency Counselor.

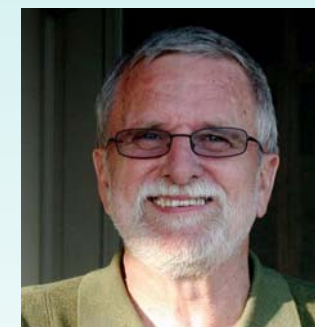
MIKE TOWEY brings more than 27 years of experience in administration and clinical supervision. Mike is a tenured faculty member of the Human Service Program at Tacoma Community College. As a Nationally Certified Chemical Dependency Counselor, Towey works with individuals, families and groups. He is a consultant in Skill Standards and Curriculum Development and has considerable experience in grant writing, program development, and as a Social Research Consultant. Mike received his Masters in Public Administration from Evergreen State College in Olympia, Washington and his Bachelor of Arts from Seattle University.



DAWN OKRASINSKI



DAVID RIEDESEL



JOHN HUGHES



REGINA HUGHES



MIKE TOWEY